



Calcium Bentonite Clay Tips & Testimonials from Perry A~

It's Perry A~ and I am back. Though we sold the Living Clay business in 2015, I have not retired from educating people to the plethora of uses of Calcium Bentonite Clay and answering their questions (512-773-0335 perrya@perrya.com) in an effort to understand this complicated natural substance. As I promised I will maintain the free clay information website www.BentoniteClayInfo.com. Since retiring from the webinars due to ongoing increasing expenses, I am picking up the slack by sending tips, articles, suggested protocols and new testimonials to share the magic of Bentonite Clay.

For a definitive guide to understanding and using clay I recommend my newest book *Calcium Bentonite Clay Nature's pathway to Healing – Balance, Detox, Stimulate, Alkalize*. You can order from www.TheClayBook.com or [Amazon](http://Amazon.com).

Today's Tips & Testimonials is about relief from dry skin, nail fungus and cellulite.

I have been doing the following to ease into a fast:

- 1) Drinking living clay daily since March 7th
- 2) Clay foot bath daily since March 21
- 3) Clay/Epsom foot bath on April 2nd, 3rd, and 4th
- 4) I have not been drinking enough water, not yet.

Results

- 1) I developed very dry/flaky feet, no matter how many pedicures I would pay for or smooth on lotion, the smoothness did not last long and the flakiness would build up again. After clay the flakiness is 100% gone, the dryness has reduced by 80%.
- 2) I had 2 toe nails that had fungus on it for a very long time its almost gone.
- 3) The palms of my hands were dry, it has moisture again, not 100% but huge improvement.
- 4) I have cellulite on my thighs it's diminishing. – R. S.

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