

# Live Well Lifestyle Webinar Recap & Recording

January 14, 2016 - [Click Here for the Recording](#) (requires [Windows Media Player](#)) or [download mp3](#)



## Topic: Getting What You Want

I love the free daily reminders I get from [www.Abaham-Hicks.com](http://www.Abaham-Hicks.com) These are great reminders that we are blessed Children of God, and He has endowed us with the ability to create all our desires through our thoughts and beliefs and the Universe is designed to reply to our needs and desires beyond ways we can perceive. All we have to do is ask, believe, own our God given birth right of 'worthiness' and allow it in. Nothing needs to be earned. It was your birth gift from God. I love the one below. Therein is your return to health, happiness and prosperity.

'Someone has said, "The Universe has imagined it even better than you have." And we like to add to that: The Universe got all of its information about what you like from you, and it has remembered every piece of it and has put it together in perfect formation. And so, the things that are on their way to you are so much better than you even know that you want. And as you allow them, the essence all of these things that the Universe knows that you are wanting make their way to you and appear in perfect timing for you.'

[www.Abraham-Hicks.com](http://www.Abraham-Hicks.com)

Every time you say to yourself 'I am not...', 'I cannot...', 'I have not...', you are either knowingly or unknowingly sending a message to the Divine Creator within you. Your inner being is being told by you, 'I am not worthy to receive my Divine Good' and thereby separating yourself from God. Your job is to own your God given worthiness and allow your good. You do it with faith that things will always turn out for you. That life is always working for you. You do it with positive thinking and believing in yourself regardless of what others say about you and your abilities.

You do it by being yourself and loving yourself and NOT comparing yourself to other people. Comparison creates instant separation. One is either superior or inferior. There is no connection, no joining in mutual respect.

You are a unique fingerprint with your own gifts and talents. Notice the plural form of gifts and talents. We all have multiple uniquely different gifts and talents. Use yours. They are the things you love to do. Watch out for the 'I can't because...'. And replace it with I can because it is my BIRTHRIGHT. I don't have to know how, I only have to believe it will happen. Opportunities will open and with each unexpected one give a thank you to God and the Universe He designed to support you on your journey. Look for earth angels with encouragements who also help you connect the dots and take that next step with confidence.

Think of a time you wanted something with all your heart but there is no way in your realm of possibilities that you could see it happening. Then poof! Out of nowhere came a solution that you had not imagined possible. Trust that the Universe has unlimited solutions. And be patient. They come in divine time which is really perfect timing. When you are truly ready and believe it is possible. Never shut the door on what you want and be open to the fact you don't need to know how it will happen. It is up to you to keep believing.

I think I can safely say we have all needed money for an unexpected emergency-a big dental bill, an expensive auto repair bill. They seem to pop up out of nowhere. Frantically you do the mental search of where, short of robbing the bank, you can come up with that amount of money. You keep up the search. Then when you least expected it, you get a nice fat check in the mail for something you didn't even know about. Right! You feel overwhelming gratitude. You created that unknowingly. Now that you know how, imagine what other things you can create intentionally. Happy Creative 2016!!!

**Can Do Card:** I get the help I need, from various sources. My support system is strong and loving. Louise Hay

**Well Being Card:** Desire is the beginning of all creation. In allowing your desire to come to you, you not only gain the satisfaction of having received it- you also gain a whole new perspective from which to desire more. Abraham-Hicks

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